DAY TRIP – THE MOUNTAINS

"It is not possible to completely describe you the beautifulness of the wonderful view that from the hole of the cliff shows us the valley of la Gallinera. Tremendously skilled shall be the painter trying to put this landscape into a canvas"

Craggy limestone peaks, dramatic ravines, panoramic ridges and colorful displays of lime-loving flowers make the secret mountains of the valley of la Gallinera perfect for a rewarding walking in rugged limestone landscapes. Here you will enjoy some of the best walking you can experience anywhere in Spain.

BACKGROUND

Just twenty-five kilometers from the coast line, rise the secret mountains of the valley of la Gallinera. This is another world completely, where terraced slopes climb towards craggy limestone peaks that soar over a thousand meters into the sky. As you walk, you discover sweeping views and also reminders of the region's multi-layered history to which not only the Moors, but also the Iberians, Romans and Mallorcans, have contributed.

Through this stroll we will show you the landscape of la Gallinera, the most emblematic place of the valley "la Forada" and the stories of caves, old prisons and traces of traditional trades that can be seen in the mountains. From the top, you can also enjoy far-reaching views of the neighbouring mountains, and the Mediterranean. On a clear day you can even see the island of Ibiza. The area is also home to a couple of pairs of golden eagles, as well as some griffon vultures.

Walk rating

Moderate: This gentle walk last for about 3-4 hours and it is done at a slow pace starting already from a top place in a circular path towards la Forada (there are some pitches for getting to la Forada with an ascent of about 100m). Tracks are good surfaced though there are some sections (less than 2km) with loose stones and vegetated sections. Therefore, for your own safety and for the safety of the whole group you need to have a minimum physical condition and adequate hiking boots and clothes. So we recommend it to people used to walk at least once a week.

ITINERARY

- **Prepack:** email sent with a detailed map on how to get to the starting point, contact phones and emails.
- **07:45 a.m Welcome at the meeting point (Benialí):** you will have an informal welcome chat with the local persons serving as your host throughout the stroll and who will explain you the stroll.

Travel to the Core of Things s.l.u. Another way to travel.
A social business developing new tourism initiatives for the four seasons of the year

Total or partial reproduction of this document is welcome with quote of the source. To the core of things s.l.u. Trade mark   .   1

- **08:00 a.m. departure in three cars** toward the "mirador del Xap" one of the best lookouts where you can see the whole valley. From this place we will locate the 8 villages of the valley and the places where we can still find some traditional trades.
- **08:45 a.m. start the stroll towards la Forada** discovering some of the traces of traditional trades in the way as well as the stories behind some ruins or coves nearby.
- **10:00 – 10:30 a.m. break at the Forada:** to admire the views of the whole valley and to have your snack.
- **10:30 – 12:00 a.m. circular path partially through the ridge of the mountains** to get back to our starting point. In the way we will discover some hidden threshing circles used to smuggle crops and ancient corrals.

Xap lookout

The stroll

THINGS YOU SHOULD BRING:

| - Hat | - Water | - Appropriate hiking boots and clothes |
| - Sun cream | - Snack | - Umbrella or rain coat in case of rain |

BASIC DATA OF THE EXCURSION

- MAX SIZE OF GROUP: 15 PEOPLE
- NUMBER OF HOSTS ACCOMPANYING THE GROUP: 1 (speaking English)
- DATES: EVERY DAY OF THE WEEK
- BOOKINGS: 24H IN ADVANCE

The price includes: welcome at the meeting point, 1 host speaking in English; circular path to la Forada.

The price does not include: transportation, insurance, meals or other drinks

Payment imply acceptance of the the following **Terms & conditions** that will rule during the excursions.

Travel to the Core of Things s.l.u. Another way to travel.
A social business developing new tourism initiatives for the four seasons of the year

Total or partial reproduction of this document is welcome with quote of the source. To the core of things s.l.u. Trade mark .   2