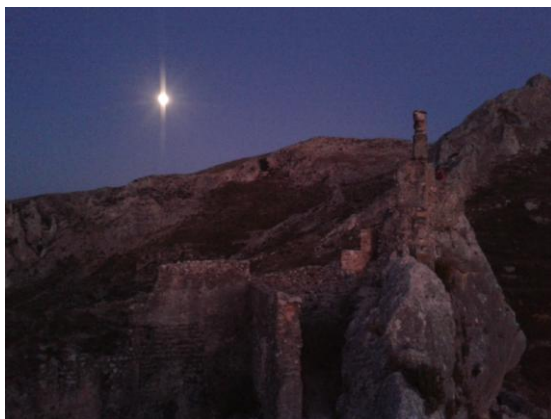


DAY 1 – THE HISTORICAL VALLEY

- **Prepack:** email sent with a detailed map on how to get to the house, contact phones and emails and information on the valley.
- **Welcome at the rural house:** you will have an informal welcome chat with the local person serving as your host throughout the holiday and the coordinator of the experience to explain to you the house, the village, the strolls and the trades you are going to visit during your trip.
- **Welcome pack for guests:** including a sample of local fresh products (milk, tea, coffee, bread, infusion plants, fruits, etc.) plus self guided routes in the area.
- **(16:00 – 19:00)¹ Stroll I “the history”:** the sunset and one of the two remaining Arab castles of the valley provide the settings for getting to know the rich history of Romans, Iberians and Arabs of the region (includes walking up to the castle together with your local host).

Full moon in one of the Arab castles



Aromatic plants of the valley

**DAY 2 - DISCOVERING THE VALLEY**

- **(08:00 – 12:00) Stroll II “emblematic places and trades of the valley”:** during the best morning light and together with your local host you will head towards the most emblematic place of the valley stopping at different hideaways where you will admire some astonishing sights of the region, discover several traditional trades in the way and walk in the craggy mountains surrounding la Gallinera².
- **(16:00 – 18:00) Stroll III “vegetable gardens”:** you will continue discovering our valley now through the gardens and surroundings of the villages, smelling the crops, discovering the herbs and their medicinal uses, admiring the sunset and getting to know the beautiful vegetable gardens of the area.

¹ All schedules will vary depending on the season you visit us trying to match the best hours of light and temperature.

² The walking stroll last for about 3 hours and though it is not physically demanding it does require a minimum physic condition and adequate shoes. In case you cannot stroll, or in days of heavy rain, and if you dispose of your own car, there is the possibility of doing a similar stroll by car for visiting and discovering the 8 villages, the trades participating in the initiative and some of the museums of trades existing in the valley.

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Cherry trees blossoming



Hives in the mountains



DAY 3 – FAREWELL

- Farewell. If you have the time you also have the opportunity to discover at your own pace through the self guided materials of routes in the valley included in the pack.

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